Competition Calendar 2022-2023

Version 1, updated 07.07.2022

| Date | Competition | Location |
|-----------------------------|--------------------------------------|-------------------------------|
| 8-9 October 2022 | Swifts Invitational | Swallows Leisure Centre |
| 15-16 October 2022 | Mike Walker Invitational | Southampton Gymnastics Club |
| 5-6 November 2022 | East Surrey Invitational | East Surrey Gym Club |
| 12-13 November 2022 | British Championships | Fenton Manor, Stoke |
| 26-27 November 2022 (TBC) | Regional Championships | TBC |
| 28-29 January 2023 | Hollington Invitational | Hastings – Ark William Parker |
| 4-5 February 2023 | King Edmund Acro Cup | Yate Leisure Centre |
| 11-12 February 2023 | King Edmund Grades Comp | Yate Leisure Centre |
| 17-19 February 2023 | Spelthorne Acro Cup | Spelthorne Gym Club |
| ? 11-12 or 18-19 March 2023 | National & Inter-Regional Qualifiers | TBC |
| ? April 2023 (TBC) | Tigers Acro Cup | Weald of Kent GC TBC |
| 13-14 May 2023 | NDP Finals | Fenton Manor, Stoke |
| 27-30 July 2023 | British Championships | Liverpool |
| 25-26 November 2023 | Pat Wade Classic | Fenton Manor, Stoke |

** Open to FIG, IDP & Youth only